

# CENTURY ORTHODONTICS

OUR THIRD CENTURY OF ORTHODONTIC EXCELLENCE

Dr. Robert Waxler & Dr. Jeffrey Cavanaugh

Manchester ■ Clayton ■ Wildwood — Missouri

[www.centuryorthodontics.com](http://www.centuryorthodontics.com) 636-391-0499 century@centuryorthodontics.com

## Good Better Best Retainer Options

**Congratulations** on nearing completion of your Invisalign treatment—we trust that you are delighted with your beautiful new smile!

Now that your active treatment is almost completed, you will begin the retention phase of the orthodontic process. Retaining your results requires that you wear retainers nightly (after the first month of full time wear and the second month of 12 hour wear), so if you lose, break a retainer, or have major dental work, it is imperative that you replace the retainer(s) **immediately**.

### We are now offering three levels of our retention protocol:

**Good:** As stated in our contract, we will provide your first set of retainers. We guarantee these retainers for 6 months and recommend that these *clear retainers* be replaced after 12 months wear. New clear retainers are currently \$110 per retainer and require new impressions each time. Experience has shown that even if the clear retainer looks “good”, and is worn as instructed, it may stretch to the point where it no longer holds the teeth perfectly. For this reason it is very important that you keep a close watch on your tooth alignment and not go too long without replacing old retainers.

*Traditional Retainers (colored plastic and metal wires) are also available at this time, also for no additional charge; and they do have a much longer life-span. We guarantee these retainers for 12 months and have an average life span of 5-20 years. Unfortunately they are visible, less comfortable, not good protection for tooth grinders, and not usable for bleaching. Most Invisalign patients prefer to go with clear retainers but traditional retainers can be less expensive using the traditional type of retainer. \$225*

**Better:** A better option is to use **Invisalign Vivera™** retainers (see brochure. Vivera provides 4 identical clear retainers per arch. Having extra retainers at your disposal will ensure that if one is lost or broken, your orthodontic results will not be compromised, and it also provides you the opportunity to move into a fresh new retainer as often as you'd like, getting four or more years of retainers for an additional fee of \$475 (\$275 for one arch) (*warning: major dental work or lack of wear may prevent them from fitting and require new impressions and fees*).

As we have contracted with you for the first set of retainers, we will discount the Vivera by \$100 per arch bringing the fee down to \$275 for both arches and \$175 for 1 arch

*For more information see “Better” protocol information on the flip side of this sheet.*

**Best:** Follow the Invisalign **Vivera** protocol(see brochure) and get a brand new set of retainers in the mail every 3 months for an initial fee of \$275 /175 and then a yearly fee of \$475/275 (renewable each year).

*We recognize your right to discontinue retention, but please be ready to accept responsibility for such action. Teeth will move unless retainers are worn consistently and eternally. There are no exceptions to this statement.*

## “Better” option with *Vivera*

Your contract for Invisalign treatment included your first set of retainers as part of the total fee. The initial clear type retainers should be replaced in 12 months as they tend to stretch and may no longer hold the teeth perfectly aligned. Our current fee for a replacement clear retainer is \$110 (\$220 per pair).

Recently Align Technology, the maker of Invisalign, has developed a retention product called **Vivera**. Vivera retainers are manufactured using the advanced fabrication technology behind Invisalign aligners, resulting in a precise, smooth, and comfortable fit. As all clear retainers deteriorate over time, this is the reason Align Technology introduced Vivera retainers as a package of four sets of retainers to accommodate each patient’s unique retention needs.

For an additional cost of \$475 (\$275 for a single arch) you will receive a total of 8 retainers (4 upper and 4 lower) which not only will provide the safety of backup retainers to be used if a retainer is lost or broken, but also allows you to replace the retainers before they stretch out and no longer preserve your hard-earned correction. With care you should be able to get many years of retention with these sets, and when more are needed, they can be ordered without the need for additional impressions. This represents a savings of at least 50% over your long term retention cost.

## Testing

We would suggest that you wear just one set at a time and once a month “test” its effectiveness by trying on one of the unused retainers. If the fresh retainer fits fine, then the current retainer is acceptable. If the fresh retainer is unusually tight, then it is time to retire the old one and move on to a new one. It may be necessary to wear the new retainer a little more frequently for a week or so to recover any minor movement that occurred. When you get down to your last retainer, give us a call and we can order you a new set of Vivera retainers using the digital information on file....you don’t even have to come back to the office! (We’ll miss you though!)

### **Remember:**

**We recognize your right to discontinue retention, but please be ready to accept responsibility for such action. Teeth will move unless retainers are worn consistently and eternally. There are no exceptions to this statement. Retreatment due to inconsistent retainer wear will incur additional fees!**